

CAHO - Ayush Healthcare Forum Webinar Series

Integrative Management of Pre-Metabolic Disorders



Friday, July 4, 2025
2:00 PM – 4:30 PM IST

In a rapidly evolving healthcare landscape, this webinar addresses the growing burden of pre-metabolic disorders through a truly integrative approach.

Join us for expert discussions that bridge the best of Ayurveda and modern medicine to enable patient-centered, evidence-based care.

Program Highlights

- ✓ The Need for Integrative Thinking in Medicine
- ✓ Clinical Case Presentations
- ✓ Panel Discussion on Patient-Centric & Evidence-Based Integrative Management of Pre-Metabolic Syndrome

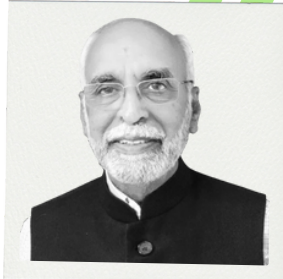
Who Can Attend

- Allopathic & Ayush Doctors
- Family Physicians & General Practitioners (who see early-stage metabolic issues)
- Geriatricians
- Dietitians & Clinical Nutritionists
- Integrative Health Coaches
- Psychologists & Behavioral Therapists (for mind-body aspects in metabolic disorders)
- Clinical Researchers and Academicians
- Healthcare Quality Leaders
- Medical & Ayush Students
- Health Insurance Professionals
- Hospital Administrators
- Public Health Experts (concerned with rising NCDs)
- Health Policy Makers & Health Economists
- Medical Tourism Facilitators
- PhD Scholars & Postgraduate Students in medicine, Ayurveda, public health, and medical anthropology



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Speakers



Dr Vijay Agarwal
President, CAHO



Dr. Arun Kumar Agarwal
Medical Advisor -
Indraprastha Apollo Hospital, New Delhi,
Former Dean- Maulana Azad Medical
College, Former President - Delhi Medical Council



Mr. Rajiv Vasudevan
Founder & CEO,
Apollo AyurVAID Hospitals
Chair, CAHO Ayush Forum



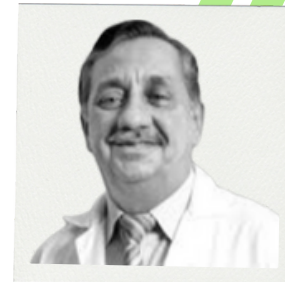
Dr. H S Santosh
Endocrinologist,
Manipal Hospital, Jayanagar



**Dr. Varun
Suryadevara**
Endocrinologist
Apollo Sugar Clinics,
Bannerghatta Road



Dr. Zankhana Buch
Chief Medical Officer,
Apollo AyurVAID Hospitals



Dr. Tarun Sahni
General Physician &
Internal Medicine Specialist,
Indraprastha Apollo Hospital,
New Delhi



**Dr. Shashidhara
Gopalakrishna**
Medical Superintendent
Apollo AyurVAID Hospitals,
Domlur, Bangalore



Dr. Susmitha C
Consultant Physician,
Apollo AyurVAID Hospitals,
Chennai



Dr. Charu Arora
Business Head,
Integrative Medicine,
Apollo AyurVAID



Dr Swetha Suvarna
Chairperson Internal Quality Council
Apollo Ayurvaid,
Co Chair
CAHO Ayush HealthCare Division

Agenda

Topic	Speaker
Welcome Note & Brief introduction of speakers	Dr. Charu Arora Business Head, Integrative Medicine, Apollo AyurVAID
Topic Introduction - Defining Integrative Medicine	Dr Vijay Agarwal President, CAHO Mr. Rajiv Vasudevan Founder & CEO, Apollo AyurVAID Hospitals Chair, CAHO Ayush Forum
Keynote Speaker - The need for Integrative Thinking in Medicine	Dr. Arun Kumar Agarwal Medical Advisor - Indraprastha Apollo Hospital, New Delhi, Former Dean- Maulana Azad Medical College, Former President - Delhi Medical Council
Case discussions on pre-metabolic conditions managed with an integrative approach	Dr. Zankhana Buch Chief Medical Officer, Apollo AyurVAID Hospitals Dr. H S Santosh Endocrinologist, Manipal Hospital, Jayanagar
Panel Discussion on Patient-Centric & Evidence-Based Integrative Management of Pre-Metabolic Syndrome	MODERATOR Dr. Zankhana Buch Chief Medical Officer Apollo AyurVAID Hospitals PANELISTS Dr. Varun Suryadevara Endocrinologist Apollo Sugar Clinics, Bannerghatta Road Dr. Shashidhara Gopalakrishna Medical Superintendent Apollo AyurVAID Hospitals, Domlur,Bangalore Dr. Tarun Sahni General Physician & Internal Medicine Specialist, Indraprastha Apollo Hospital, New Delhi Dr. Susmitha C Consultant Physician, Apollo AyurVAID Hospitals, Chennai
Concluding Remarks	Dr Swetha Suvarna Chairperson Internal Quality Council Apollo Ayurvaid, Co Chair CAHO Ayush HealthCare Division



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